

Unit 9 Assignment: Case Studies

1. Jill:

The Helper Jill is a 27 year old nurse who has come to you for help. She is working to put her husband through medical school. She is complaining about being unassertive. She sits back very uneasily in the chair. When she moves, she sometimes grimaces in pain. She loves her husband and wants to please him but there is nothing she can do to make him happy anymore. Due to her lack of sexual responsiveness, he sometimes gets extremely angry and does things to her. Jill is afraid that her husband will find out that she is here today for help.

2. Adam:

The Higher Teenager Mr. and Mrs. Johnson suspect that their 15 year old son Adam is depressed. Both have seen negative changes in his behavior at home and at school. They have noticed that his group of friends has changed over the past six months. Adam's parents have noticed that he no longer abides by the rules from home. He stays out until 1:00 a.m. on school nights and does not want to get up for school. There are many weekends that Adam never comes home. Mrs. Johnson reports that when Adam is home he always seems to have a cold because his nose is constantly dripping. Both Mr. and Mrs. Johnson are hopeful that Adam's depression can be treated.