

Unit 8 Case Study

Trevor is a high school advisor/guidance counselor. Justin, a graduating senior, has recently missed several school days, risking his ability to graduate on time. Since his freshman year, Trevor has worked with Justin and knows that this is out of character for Justin. Trevor has attempted to reach Justin's parents. His mother's phone is disconnected, and his father has not returned any of Trevor's calls.

After missing over a week of school, Justin presents to Trevor's office, appearing disheveled and unlike his usual self. Justin discloses to Trevor that his parents separated and that he, his two siblings, and his mother had been living in their car for the last couple of weeks. They left the house without any belongings and don't have clothes and are running out of money for food and other necessities. Justin is fearful that he won't be able to attend college as his father is threatening not to pay his tuition because he feels Justin chose his mother over him. Justin is experiencing anxiety as the oldest sibling and wants to help his mother secure housing and a new job before he goes off to college.

Trevor wants to utilize local nonprofit organizations to help meet the needs of Justin and his family.