Reflection on Degree Plan

First and Last Name

Purdue Global University

PS115 Psychology Program and the Profession

Professor (or Dr.) First Name, Last Name

Date

Reflection on Degree Plan

Begin by identifying the degree you have chosen. Then, explain three ways the degree plan for your major relates to your career goals. (Delete all red type prior to submission)

Current Skills

Soft Skills

Next, identify two soft skills/qualities that you currently possess. Soft skills examples include being a good listener, being compassionate or kind, and managing time well. (Delete all red type prior to submission)

Hard Skills

Identify two hard skills/qualities that you currently possess. Remember, hard skills examples include knowledge of human behavior, active listening skills, treatment planning skills, and knowledge of the DSM-5-TR. (Delete all red type prior to submission)

Hard Skills to Acquire

Identify three hard skills that you want to acquire through coursework in your degree plan . List appropriate elective classes to fill those skill gaps (for transfer credit, use core or required courses). Explain reasoning for how the electives connect to the skills. (Delete all red type prior to submission)

Mentor

Identify an individual you would seek out as a mentor. How can this mentor help you gain these skills throughout your program of study? (Delete all red type prior to submission)

References

Heydenberk, R., & Heydenberk, W. (2022). The hard truth about soft skills. *Academia Letters*. <https://doi.org/10.20935/al4653>