

Becoming an Effective Change Agent Transcript

Imagine yourself as a professional working with the guest counselor on the call-in show. Listen to the following fictional case scenario and write a paper on the related ethical and legal issues as outlined in the Assignment details.

A counselor is a guest in a weekly radio call-in program. Listeners are invited to ask questions. During a show on treatment of depression, a listener calls with a question about a friend who seems “down.”

The listener reports that this acquaintance has been missing work frequently, seems irritable most of the time, and has made comments about getting out of the rat-race for good.

The counselor, concerned that the caller may actually be speaking about himself, tells the caller that the friend is clinically depressed, is a likely suicide risk, and should be seen by a mental health professional as soon as possible.

The counselor then offers an appointment time in her schedule the following morning if the caller will bring his "friend" to the office for evaluation and referral to a local physician.

The following morning, the counselor and the caller meet for an appointment and officially resume their counselor-client relationship. The client explains that he is concerned about a friend; the counselor asks the client for details about the friend. After the appointment, the counselor conducts an internet search for the friend and calls him to conduct a welfare check.