Unit 3 Assignment

For this assignment, you will compare and contrast the early ways of thinking about psychological disorders to today’s current view and explain the multi-dimensional model and the major approaches (theorized causes) of mental illness. Be sure to use APA writing style, double space, and complete the assignment in 2 to 3 pages or a minimum of 8 paragraphs. When completed, submit the Unit 3 Assignment Template to the Unit 3 Assignment Dropbox.

**Early Beliefs**

In 1 paragraph, explain what early thoughts and beliefs existed about what caused mental illness.

**Psychological Traditions**

In 1 paragraph, describe how **one** of the Psychological Traditions helped further the beliefs about what causes mental illness (Freud’s psychoanalytic theory of the unconscious, humanism, or the behavioral model).

**Multi-Dimensional Approach**

In a few sentences, explain the idea of a multi-dimensional integrative approach and how it differs from a single approach to understanding the major causes of mental illness.

**Biological Approach**

In 1 paragraph, provide an overview of the biological approach as it relates to an explanation or cause of mental illness.

**Psychological Approach**

In 1 paragraph, provide an overview of the psychological approach as it relates to an explanation or cause of mental illness.

**Emotions Approach**

In 1 paragraph, provide an overview of the emotional approach as it relates to an explanation or cause of mental illness.

**Social and Cultural Approach**

In 1 paragraph, provide an overview of the sociocultural approach as it relates to an explanation or cause of mental illness.

**Developmental Approach**

In 1 paragraph, provide an overview of the developmental approach as it relates to an explanation or cause of mental illness.

References