The U.S. Air Force Personnel Laboratory originally did work on what eventually became the Digman (1990) five factor model of personality traits (as cited in van Thiel, 2020).

**Rate the Five Basic Personality Traits** as 1–5 for each trait below (1 being the lowest on that personality trait, and 5 being the highest).

**Rating from 1–5**

1. Conscientiousness:

Responsible, persistent, reliable.

2. Emotional stability: “Calm,

self-confident, and secure”

(Robbins & Judge, 2019, p. 147).

3. Extraversion: Outgoing, sociable,

and assertive.

4. Openness to experience:

Creative and curious.

5. Agreeableness:

Cooperative and trusting.

References

Robbins, S. P., & Judge, T. A. (2019). Organizational behavior (18th ed.). Pearson.

van Thiel, E. (2020, February 11). [Big five personality test](https://www.123test.com/big-five-personality-theory). https://www.123test.com/big-five-personality-theory