

CM107 Discussion Board Sample Post

Unit 3 Discussion Board
INITIAL POST

For my Unit 4 Assignment, I thought of several issues to write about. Here's my chart:

What particular problem could you write about? List 2-3 (ex: time management or budgeting)	Why is this problem relevant to you? (for example, I struggled with how to do everything, working, raising a family, and taking classes and I got stressed out a lot.)	What is one question you could answer about this topic? (How can a working college student manage their time better?)	Who might benefit from your blog post about the topic? other college students	What will you do to develop an answer to the question you are asking or that your audience needs an answer to? (share my experience with time management and how I dealt with the problem)
Depression Addiction bullying	I have dealt with each of these problems personally or have friends who suffer from them. I have always had bouts of depression.	What causes depression? How can you help an addict? How can you stop bullying?	Other people who have depression or who have kids who are bullied or who have family members who are addicted.	I can use my personal experience with depression to show how it is a problem and how I dealt with it. I can show my friend's experience to show addiction is a big problem. I can write about how bullying is getting worse.

I followed the Unit 3 unit reading advice to just think and write and list anything that comes to mind when generating topics, so here goes! I'm a psychology major, so issues like depression, bullying, and addiction are possibilities. The depression topic is most relevant to me because I have dealt with it, but I also think I'd like to learn more about addictions.

I think that if I write about depression, a group that would benefit from reading my blog post would be people who are depressed, or maybe parents whose kids are depressed.

A question I could answer in my blog is either What causes depression? Or What can someone who is depressed do to feel better?

I can answer that first question by researching the causes, but I could answer the second question by writing about how I used journaling to help me with my depression.

Which topic do you think would work and why?

Thanks,

Sharon

RESPONSE TO INITIAL POST:

Hi Sharon,

You have some great possibilities here. The Unit 3 reading says that the clearer the question you ask, the better your topic and writing process would be, so I wouldn't try to answer the question, what causes depression because that would be a research paper, and I think if you are writing to people who are depressed, they really want to know how to deal with it. The other topics seem to me less personal and I can't tell that you have direct experience with bullying or addiction, so they may not work well for this personal writing assignment. My recommendation is to answer the question about how to deal with depression. Maybe even write to an even more specific group of people, like adult students who are depressed, since that is your experience, right? Sharing your experience with journaling sounds great. How did journaling help you and how could you motivate your audience in your blog post to try journaling, do you think?

Hope the feedback helps!

Luzmarie