



Course Syllabus

MN662 PMHNP Psychotherapy for Individuals, Groups, and Families Clinical

COURSE INFORMATION

Course Title:	PMHNP Psychotherapy for Individuals, Groups, and Families Clinical
Credit Hours:	2
Clinical Hours:	130
Prerequisites:	MN551, MN552, MN553, MN660, and completion of all core courses in the Master of Science in Nursing

COURSE DESCRIPTION

This course is the first clinical course in a series that allows you the opportunity to apply psychotherapeutic theories and concepts as you further develop advanced clinical skills for the PMHNP role. Interviewing and mental health assessment skills are reinforced. Emphasis is on conducting individual, group, and family psychotherapy across the lifespan. The use of empathy, the therapist-patient relationship, and diverse, culturally sensitive approaches of psychotherapy are practiced. This course has a required interviewing and mental health assessment lab checkoff (130 clinical hours).

LEARNING OUTCOMES

By the end of this course, you should be able to:

- MN662-1:** Examine the mental health interview process for individuals, groups and families across the lifespan to evaluate and manage acute, complex, and chronic psychiatric mental health disorders in the acute and/or primary care setting.
- MN662-2:** Formulate evidence-based, therapeutic, patient-centered treatment plans for psychotherapy of individuals, groups and families across the lifespan with consideration of cultural, gender, ethnicity, spiritual, and social competencies.

COURSE MATERIALS

For courses with ebooks or digital books, click on the module titled Digital Book in the Table of Contents.

If your course has materials that need to be purchased and you have not done so, please order the necessary materials.

TEXTBOOK INFORMATION

MediaType: PG Library
Title: Publication Manual of the American Psychological Association
Edition: 7th (2020)
Author: American Psychological Association
Publisher: American Psychological Association
Book ISBN: 9781433832154
Ebook ISBN:

MediaType: PG Library
Title: Diagnostic and statistical manual of mental disorders
Edition: 5th (2015)
Author: American Psychological Association
Publisher: American Psychiatric Publishing
Book ISBN: 9780890425558
Ebook ISBN:

MediaType: PG Library
Title: The Psychiatric Interview
Edition: 4th (2016)
Author: Carlat, D.
Publisher: Wolters Kluwer
Book ISBN: 9781496327710
Ebook ISBN:

MediaType: Physical
Title: Theory and Practice of Counseling and Psychotherapy
Edition: 10th (2016)
Author: Corey, Gerald
Publisher: Cengage Learning
Book ISBN: 9781305263727

Ebook ISBN:

MediaType: PG Library
Title: Psychiatric-Mental Health Nurse Practitioner Review and Resource Manual
Edition: 4th (2016)
Author: Johnson, K and Vanderhoef, D
Publisher: American Nurses Association
Book ISBN: 9781935213796
Ebook ISBN:

MediaType: Physical
Title: Stahl's Essential Psychopharmacology
Edition: 4th (2013)
Author: Stephen M. Stahl
Publisher: Cambridge University Press
Book ISBN: 978-1107686465
Ebook ISBN:

SOFTWARE REQUIREMENTS

The following software requirements are required in this course beyond the ones listed in the catalog:

No additional technology requirements beyond those in the Purdue Global Catalog.

GRADING CRITERIA/COURSE EVALUATION

Gradebook	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7	Unit 8	Unit 9	Unit 10	Total
Discussion	30									30	60
Assignments		10	20	100	10	10	10	10	20	100	290
Seminar	20	20	20	20	20	20	20	20	20		180
Journal	10	10	10	10	10	10	10	10	10	30	120
Clinical Evaluation Tool					50					300	350
Total	60	40	50	130	90	40	40	40	50	460	1000

SPECIFIC PROGRAM/COURSE REQUIREMENTS

Unit Number & Name (If Applicable)	Assignment Title	Course Point Value
Unit 1 Therapeutic Communications in Clinical Practice	Discussion Seminar Journal	30 20 10
Unit 2 Mental Status Exam	Assignment Seminar Journal	10 20 10
Unit 3 Suicidality Documentation and Safety Planning	Assignment 1 Assignment 2 Seminar Journal	10 10 20 10
Unit 4 Developmental Theories for Assessment Use	Assignment 1 Assignment 2 Seminar Journal	10 90 20 10
Unit 5 Motivational Interviewing in Clinical Practice	Assignment Seminar Journal Midterm Clinical	10 20 10

	Evaluation	50
Unit 6 Teaching MBSR Techniques	Assignment Seminar Journal	10 20 10
Unit 7 Trauma Informed Care, Cultural Competence, and Mixed Therapy Modalities in Clinical Practice	Assignment Seminar Journal	10 20 10
Unit 8 CBT in Clinical Practice	Assignment Seminar Journal	10 20 10
Unit 9 Domestic Violence Assessments	Assignment 1 Assignment 2 Seminar Journal	10 10 20 10
Unit 10 Therapy Across the Lifespan in Clinical Practice	Discussion Assignment Journal Clinical Evaluation Tool	30 100 30 300
Total Points		1000 points

PURDUE UNIVERSITY GLOBAL GRADING SCALE

Grade	Points	Percent	Grade Point
A	900-1000	90-100%	4.0
B	800-899	80-89%	3.0
C	700-799	70-79%	2.0
F	0-699	0-69%	0.0

INSTRUCTOR'S GRADING CRITERIA/TIMETABLE

Grades for each unit will be posted by the Monday of the following unit. If that Monday is an observed holiday, grades will be posted by the first business day following the observed holiday. Late work will be graded within 5 days of the submission date unless that falls on an observed holiday, in which case late work will be graded by the first business day following the observed holiday.

POLICIES

Students who wish to review current policies (academic appeals, attendance/tardiness, etc.) should refer to the [Policy Information](#) in the current Purdue University Global's Catalog.

As a student, you work hard to earn your degree. Protect the integrity of your work. Do not share your assignments, papers, quizzes, tests, etc. with other students. Do not directly or indirectly share your work by posting it to a third party website. Do not make use of another student's work in any academic activity. Unless specifically instructed to work in groups, do not collaborate with your classmates on assignments or tests. These actions violate the Purdue University Global [Code of Student Conduct](#) policy and, as a result, carry consequences. In some cases, students who are found in violation of these policies are dismissed from the University. You can also review the Writing with Integrity document located in Academic Tools in your course.

If you have questions about these policies, please review these policies in the catalog and contact your instructor.

ACADEMIC ACCOMMODATIONS - If there are any academic accommodations you feel would be helpful to you in your classes, please do not hesitate to reach out to Student Accessibility Services (SAS) for assistance. *NOTE: The contact information below is to request academic accommodations only and should not be used to contact your instructor. You can contact your instructor through the Brightspace classroom.*

Tel: 317-208-1686

Email: sas@purdueglobal.edu

Fax: 866-422-4773 (Toll Free)

TTY: TTY users may dial 711 from their TTY phone, at no charge, to be connected with a Telecommunications Relay Services (TRS) operator who will assist with the call.

Accommodations cannot be granted retroactively and you are required to submit supporting documentation needed to process the request.

COURSE SPECIFIC POLICIES

The grade of "C" is the minimum acceptable grade for graduate courses and the grade of "B" is the minimum acceptable grade for graduate clinical courses. You must maintain a minimum cumulative GPA of 3.0. You will be placed on immediate probation if your cumulative GPA falls below 3.0. If you earn a failing grade in a course, you must immediately retake the course. You may only take a course twice; failure to achieve the required grade will result in dismissal from the University with the second attempt.

LATE POLICY

You are expected to submit all assignments and projects by the end of the unit. Students may turn in late work up to 2 weeks after the due date. After that, a zero will be assigned for each assignment. Ten percent of the assignment value will be deducted after the assignment is graded for each week that an assignment is late. For example, if your assignment worth 100 points is due on Tuesday and you submit it on Wednesday, 10 points will be deducted after it is graded. If you submit it 2 weeks late, there will be a reduction of 20% of the original assignment value after the assignment is graded.

All late work must be submitted by Sunday of the last unit. No late work will be accepted after this without an [Incomplete Grade](#) approval.

Certain course activities may not be eligible for late submission. These include, but are not limited to discussions, Seminars, quizzes, labs, exams, and clinical activities.

We know that extenuating circumstances can interfere with timely submission of your work. Be sure to tell your professor and your Student Advisor right away if you are going to be late with a submission.

Your professor will determine whether an exception to the Purdue Global Late Policy is appropriate. They may also require you to provide documentation of the reason. If your professor determines that an extension is warranted, they will provide you with the expectations for your submission or assignment in writing.

Extenuating circumstances include, but are not limited to, personal/family member hospitalization, family member death, a severe weather event, a natural disaster, and an active military assignment that prevents internet connectivity. Computer-related issues, Internet connectivity, and account blocks are generally not considered extenuating circumstances.

TUTORING

Tutoring and many other resources are available in the Academic Success Center section of the **My Studies** tab on the **Purdue Global Campus home page**. You can also find a link in the Academic Tools within your course.

The Academic Success Center offers:

- Writing help and APA resources.
- Math help and resources.
- Business help and resources.
- Science help and resources.
- Information Technology help, webinars, and resources.

ASSIGNMENTS

The course content is outlined within each unit and a calendar is accessible in each course.

Assignments typically require you to submit coursework via the Dropbox. Coursework will be graded according to rubrics found in the Grading Rubrics content item under Course Resources. Assignments are due by 11:59 p.m. ET of Tuesday of the unit for which they are assigned, with the exception of Unit 10 Dropbox submitted work and Discussion Boards. If a Dropbox submission or Discussion Board assignment is due in Unit 10 it will be due at 11:59 p.m. ET on Sunday. All assignments must be submitted via the Dropbox to ensure credit.

[Exams/Quizzes](#)

Many courses require quizzes and/or exams. In some cases, a course may also include a midterm and/or final exam. Exams/quizzes are due EOD Tuesday of their assigned unit. All exams/quizzes must be submitted via the exam tool to ensure credit.

SEMINARS

Attending live Seminars is important to your academic success, and attendance is highly recommended. The Seminar allows you to review the important concepts presented in each unit, discuss work issues in your lives that pertain to these concepts, ask your instructor questions, and allow you to come together in real time with your fellow classmates. If Seminar is graded, you must either attend the live Seminar or you must complete the Seminar alternative assignment (Option 2) in order to earn points for this part of the class. If the Seminar is not graded, you are still encouraged to attend in order to ask questions, learn about upcoming Assignments, and to interact with your instructor and classmates.

Option 1: Attend Live Seminar

Live Seminar lasts for 1 hour. Seminars take place at designated times in specific units. If the Seminar is graded, your attendance and participation during live Seminar will be assessed using the Seminar Option 1 Grading Rubric.

Option 2: Seminar Alternative Assignment

If the Seminar is graded and you are unable to attend the live Seminar, then be sure to complete the Seminar alternative assignment for each unit. Your responses will be assessed using the Seminar Option 2 Grading Rubric.

DISCUSSION BOARDS

Discussion topics provide a forum for students to seek clarification and answer important questions about the course material. The discussion also allows students to receive feedback from the instructor and other students in the class. A Discussion Board grade will be posted to the Gradebook for each unit using the following grading criteria.

The Discussion Board Requirement:

- Post a minimum of three posts per discussion topic. One initial response and two replies to your classmates.
- Posting on a minimum of 3 different days, for example: Wednesday, Friday, and Monday
- The first post must be made by Saturday, 11:59 p.m. ET.

Participating in Discussion Boards

You will communicate with your professor and classmates using the Discussion Board areas. This is where you post your responses to discussion topics and share your experiences in completing exercises and applying the content of the course.

Participation in discussions is required and will help determine your grade. You are expected to contribute to each of the discussion topics in each unit. You should read all responses of other students and add your own.

During Discussions Boards, you must demonstrate not only that you understand the subject matter but also that you can apply what you have learned, analyze it, integrate it with knowledge you already have, and evaluate it critically. Your postings should be appropriate and timely contributions that add value to the discussion.

Your instructor will provide you more detailed information about requirements and grading related to participation in discussions.

Discussion Guidelines

To ensure your success as a contributor to discussions and as a student in this class, we suggest the following guidelines for posting:

- Be clear about which message you are responding to. Refer to specific passages or ideas in the course or text that have sparked your interest.
- Make sure your contribution adds something new to the discussion. A simple "I agree" may be your initial response, but think about how you can take the conversation to the next level.
- Make your posting clear and easy to follow by dividing longer messages into paragraphs.
- Address classmates by name or user name, and sign your own messages.
- Feel free to pose new questions to your classmates within your own message.
- Use correct spelling, capitalization, grammar, syntax, and punctuation.

- If you plan to post a lengthy response, it is a good idea to type your response in Word or Notepad™, then copy and paste it into the discussion area. This way you will always have a record of your communication if for some reason you lose your connection to the course.
- If you have any questions on these procedures, please contact Student Services.

Sample Question and Answers

The following are some examples of acceptable and unacceptable responses to discussion topics:

Unacceptable: *"I agree."*

Unacceptable: *"I think the author is off her rocker on this point. I can't stand it when techies try to write about education."*

Acceptable: *"I agree with Becky W's basic point — that is, I think she's right that the advent of the Internet means dramatic changes in how we teach. But I think she's so concerned with whether technology is going to replace teachers that she misses an essential point. Teachers must change themselves to use the Internet effectively. The Internet will never replace teachers and it will never be a successful tool unless teachers make it one."*

Acceptable: *"I disagree with Becky W. The Internet has not changed teaching any more than the printing press changed teaching, or modern instructional design has changed teaching. New ideas about teaching and new technologies help us deliver good teaching more effectively. They may help us understand more fully what we're delivering. They may help us reach more students. But the essence of good teaching remains the same."*

RUBRICS

A rubric is a tool used by your instructor to determine your performance on assessments (assignments, discussions, Seminars, etc.) throughout your course. The rubric lists the criteria for the assessment on which you will be graded. You should follow the rubric so you understand exactly what is expected of you in each assignment. Following the rubric will help make sure you do not lose points unnecessarily on any graded item. The rubrics for this course are contained in the *Grading Rubrics* under Course Resources.

NETIQUETTE

Interactions in an online classroom can be in written form as well as in audio or video. Your comfort level with expressing ideas and feelings in writing will add to your success in an online course. The ability to write is necessary, but you also need to understand what is considered appropriate when communicating online.

The word "netiquette" is short for "Internet etiquette." Rules of netiquette have grown organically with the growth of the Internet to help users act responsibly when they access or transmit information online. As a student, you should be aware of the common rules of netiquette for the web and employ a communication style that follows these guidelines.

- Wait to respond to a message that upsets you and be careful of what you say and how you say it.
- Be considerate. Rude or threatening language, inflammatory assertions (often referred to as "flaming"), personal attacks, and other inappropriate communication will not be tolerated.
- Never post a message that is in all capital letters — it comes across to the reader as SHOUTING! Use boldface and italics sparingly, as they can denote sarcasm.
- Keep messages short and to the point.
- Always practice good grammar, punctuation, and composition. This shows that you have taken the time to craft your response and that you respect your classmates' work.
- Keep in mind that Discussion Boards are meant to be constructive exchanges, and it is important to respect those views that are different from yours.
- Be respectful and treat everyone as you would want to be treated yourself.
- Use spell check before sending a written message

Using a webcam in an online meeting room requires thought and consideration for the netiquette environment. Keep your surroundings free of clutter and distraction. Do not allow others in your setting to enter the webcam view. Be sure your attire and background are appropriate for a classroom setting. If in doubt, turn off your camera. When using a microphone be mindful of your mute button - stay on mute until it is an appropriate time to speak - then enable your mute button again when you have finished sharing. Also, be mindful of how you reply to differing opinions or course content that you may not agree with. Feel free to express your views and ask questions in a calm and respectful way.

You should also review and refer to the section on [Responsible Use of University Technology](#) contained in the most recent Purdue Global Catalog.

OTHER POLICIES

Not applicable

*Note: This syllabus is subject to change during this term/session or in future terms/sessions. This syllabus was published for course content as of 2301C. (**E-Track terms are 12 weeks in length and consist of two 6-week sessions**)*