Nicole Walters

Psychiatric Mental Health Nurse Practitioner Clinical Practice Journal



Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Anticipated Graduation Term/Year: \_\_\_\_\_\_\_\_\_\_\_\_

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Additional Resources List

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| Neurotransmitters Chart |
|  | Function (Excitatory or Inhibitory) | Locations | Receptors | Effects of Deficient | Effects of Surplus | Agonist Drug | Antagonist Drug |
| **Acetylcholine** |  |  |  |  |  |  |  |
| **Dopamine** |  |  |  |  |  |  |  |
| **Endorphins** |  |  |  |  |  |  |  |
| **GABA** |  |  |  |  |  |  |  |
| **Glutamate** |  |  |  |  |  |  |  |
| **Glycine** |  |  |  |  |  |  |  |
| **Norepinephrine** |  |  |  |  |  |  |  |
| **Serotonin** |  |  |  |  |  |  |  |

Notes:

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| Antipsychotics |
| First Generation |  |  |  |  |  |  |  | Side Effects (L=Low, M=Moderate, H=High) |  |
| Generic Name | Trade Name | Route(s) of Administration | LAI option | Starting Dose | Half Life | Indications (s/sx & diagnosis) | MOA (neurotransmitter effects) | EPS | Hyperlipidemia | T2DM | Weight Gain | Cognitive Issue | Other SE | Costs |
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| Second Generation |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Notes:

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| Antidepressants, Anxiolytics & Mood Stabilizers |
| ***Antidepressants*** |  |  |  |  |  |  |  | Side Effects (L=Low, M=Moderate, H=High) |  |
| Generic Name | Trade Name | Route(s) of Administration | LAI option | Starting Dose | Half Life | Indications (s/sx & diagnosis) | MOA (neurotransmitter effects) | EPS | Hyperlipidemia | T2DM | Weight Gain | Cognitive Issue | Other SE | Costs |
| SSRIs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| TCAs |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Atypical  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| ***Anxiolytics*** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Benzodiazepines |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Barbiturates |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| ***Mood Stabilizers*** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Notes:

**Substance Use Chart**

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| **Generic Name** | **Trade Name** | **Route(s) of Administration** | **LAI Option** | **Starting Dose** | **Half Life** | **Indications (s/sx & diagnosis)** | **MOA (neurotransmitter effects)** | **EPS** | **Hyperlipidemia** | **T2DM** | **Weight Gain** | **Cognitive Issue** | **Other SE** | **Costs** |
| Substance Use |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
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Substance Use Resources

Commonly Used Drugs and Treatment Information Charts:

<https://www.drugabuse.gov/sites/default/files/Commonly-Used-Drugs-Charts_final_June_2020_optimized.pdf>

<https://www.drugabuse.gov/sites/default/files/nida_commonlyuseddrugs_final_printready.pdf>

Withdrawal Sx Chart

<https://www.drugabuse.gov/sites/default/files/nida_commonlyabused_withdrawalsymptoms_10062017-508-1.pdf>