**Crisis Intervention and Safety Planning for the Adult/Geriatric Patient**

**Mr. Z, age 68, is a new resident of a long-term care facility in the Alzheimer Unit. He was recently taken by his family for evaluation in the Emergency Department after he was found to be confused, physically aggressive with family members, threatening to burn the house down, and paranoid that someone was trying to kill him. The medical work up in the ED was unremarkable. He was discharged from the ED and since arriving at the facility, he has been verbally aggressive with staff, depressed, throwing food, wanders around, and tries to leave. He does not answer most questions when asked by staff and appears agitated.** Psychiatry is consulted for management of his behavioral and psychological symptoms.

**Medical History: Diagnosed with Alzheimer’s Disease 2 years ago (diagnosed based on symptoms and** amyloid PET scan), hyperlipidemia (HLD), presbycusis, osteoarthritis (OA)

**Social History:** Former smoker 1/2 pack per day x 20 years, no substance abuse. ETOH 2-3 drinks on the weekends x 10 years. Married. Previously employed as accountant

**Family History:** No history of dementia or mental health disorders. Mother deceased from colon cancer. Father deceased from MI. Son is 31 and healthy.

**Medications: Donepezil 5 mg PO HS, Prazosin 1 mg PO HS, Crestor 20mg PO at HS**

**Allergies: NKDA**

**Physical Exam Notes**

**Constitutional: Appears agitated. Not cooperative. Speech noted is rapid and confused. Inattentive and distracted. Appears slightly hyperactive. Pacing hallways at times.**

**Head: Normocephalic, atraumatic**

**Cardiac: RRR, no murmurs noted**

**Lungs: CTA A/P**

**Abdomen: BS x active x 4, soft/non-tender, LBM 2 days ago**

**Musculoskeletal: Moves all extremities, abnormal/unsteady gait**

**Neuro: Cranial nerves appear grossly intact but patient not cooperative enough for complete testing. DTRs 1+ symmetric. Disoriented to place and time. Is able to state his name. Unable to complete MMSE.**

**Vitals: T: 98.8, P 88, R 18, BP 132/78**

**Please follow directions and answer the questions outlined in the Unit 4 Assignment 2 area of your classroom.3**