**SCHOOL OF NURSING**

**NU300: Unit 8 Assignment**

**Professional Development Plan**

**Description**

You will create a plan that reflects your ability to direct the course of your professional nursing career.

The plan should be **4–5 pages** plus the title and reference page, prepared in APA format with a minimum of **two (2) scholarly references.**

**Directions**

Your plan will address the following;

1 Introduction

* + Introduce yourself by providing a brief discussion of your professional background.
  + Include your educational journey and healthcare work history.
  + This section should be 2-3 paragraphs.

2 Values

* + Discuss the professional and personal values that have influenced your professional journey.
  + Incorporate the professional values and ethics described in your text (Blais & Hayes, 2016) as your form your discussion.
  + This section should be 2-3 paragraphs.

3 Goals

* + Develop 3 SMART goals that reflect your desired direction for your professional nursing career. Review your SMART Goal Unit 8 Learning Activity for essential assistance.
  + Choose a combination of both short-term (1-2 year) and long-term (3-5 year) goals to discuss.
  + Explain why each goal is valuable or meaningful to you.
  + This section should be 3 paragraphs.

4 Barriers

* + Discuss 3 barriers that could block or impede your progress toward your 3 goals.
  + For each barrier, suggest one (1) specific strategy or action plan step that could help you to overcome the barrier.
  + This section should be 3 paragraphs.

5 Conclusion

* + Review [Crafting Effective Introductions and Conclusions](https://kucampus.kaplan.edu/MyStudies/AcademicSupportCenter/WritingCenter/WritingReferenceLibrary/TheWritingProcess/IntroductionsAndConclusions.aspx#ConclusionCharacteristics) from the University Writing Center for help with composing effective and meaningful conclusions.
  + Create two (2) well-developed paragraphs that draw your paper to a reasonable conclusion.

**Assignment Requirements**

Before finalizing your work, you should:

● be sure to **read the Assignment description carefully** (as displayed above)

● **consult the Grading Rubric** to make sure you have included everything necessary;

● run **spelling** and **grammar check** to minimize errors; and

● review APA formatting of your document.

Your Assignment should:

● follow the conventions of **Standard English** (correct gr, punctuation, etc.);

be **well ordered, logical,** and **unified**, as well as **original and insightful**;

● display **superior content, organization, style,** and **mechanics**; and

● use **APA 6th edition** format for organization, style, and crediting sources including:

o properly formatted header

○ 12-point, double-spaced, Times New Roman font

o use of in-text citations

o title page and reference page

o use of headings

To **view the Grading Rubric for this Assignment**, please visit the Grading Rubrics section of the Course.

**Due:** submit to the unit Dropbox before midnight, on the last day of the unit (Day 7).